



Critical Thinking

Workshop Duration: 2 days (12 hours)



Critical thinking is not just a skill - it's a mindset. Our aim with this workshop is to instigate and encourage a gradual transformative mindset shift - one that enables individuals to approach challenges with clarity, creativity, and confidence.

Overview

The outcomes are designed to align closely with the experiential learning approach and the expressed needs and experiences of the client, ensuring a results-driven and value-added workshop.

Approach

Throughout the workshop, participants will be guided through a series of interactive activities and discussions.

Emphasis on practical application

Participants will be equipped with tools and techniques that they can immediately apply in real-life scenarios.

Recognition of transformative impact

The outcomes aim to instill a lasting change in mindset and behaviour, resulting in tangible improvements in performance and effectiveness, as highlighted by the positive experiences shared by previous attendees.

Acknowledgment of individual journey

The outcomes acknowledge the diverse experiences and learning trajectories of participants, encouraging self-reflection and personal growth while providing a supportive framework for skill development and application.

Develop a critical thinking mindset

Participants will cultivate a proactive approach to problem-solving by embracing curiosity and open-mindedness. They will learn to question assumptions, evaluate evidence, explore multiple perspectives to make informed decisions and to ask the right questions that help them to learn as opposed to judge.

Discover how critical thinking enhances empathy

Through experiential learning activities and discussions, participants will understand how critical thinking enhances empathetic understanding and effective communication. They will learn to tailor their messages to fostering deeper connections and influence.

Reflect critically on own thinking processes

Participants will engage in self-reflection exercises to assess their current thinking habits and their impact on team dynamics. They will identify areas for improvement and develop strategies to leverage their strengths while mitigating biases that may hinder collaboration and innovation.

Use analytical thinking tools in problem solving

Equipped with a toolkit of analytical thinking techniques, participants will apply these tools to challenges encountered in their professional roles. They will learn to break down complex problems, analyze data effectively, and generate creative solutions that address underlying issues.

Create a favorable environment for critical thinking

By fostering a culture of intellectual curiosity and mutual respect, participants will contribute to creating an environment where critical thinking thrives. They will collaborate with colleagues to encourage constructive dialogue, share diverse perspectives, and challenge assumptions, ultimately driving organizational innovation and success.

Testimonials ★ ★ ★ ★ ★

"The different tools that I have received will definitely help me to approach any issues in a different manner so as to remove the assumptions that could make me focus on the wrong problem." - Previous participant

"A significant change in the staff's mindset was noted following the course! It is also to be noted that this switch in mindset even had a positive impact on his performance" - Team leader of a previous participant



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